

THE UNIVERSAL DECLARATION OF HUMAN RIGHTS

1 WE ARE ALL BORN FREE & EQUAL

We are all born free.

We all have our own thoughts and ideas.

We should all be treated in the same way.

www.poeticdeclaration.org

This simplified version of the Universal Declaration of Human Rights
has been created especially for young people by Youth for Human Rights.

ROBERT F.
KENNEDY
HUMAN
RIGHTS

The logo for Curious Minds features a stylized 'C' made of colorful, overlapping loops in shades of red, orange, yellow, green, and blue.
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2 DON'T DISCRIMINATE

These rights belong to everybody,
whatever our differences.

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3 THE RIGHT TO LIFE

We all have the right to life,
and to live in freedom and safety.

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4 NO SLAVERY

Nobody has any right to make us a slave.
We cannot make anyone our slave.

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5 NO TORTURE

Nobody has any right to hurt us or to torture us.

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6 YOU HAVE RIGHTS NO MATTER WHERE YOU GO

I am a person just like you!

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7 WE'RE ALL EQUAL BEFORE THE LAW

The law is the same for everyone.
It must treat us all fairly.

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YOUR HUMAN RIGHTS ARE PROTECTED BY LAW

We can all ask for the law to help us
when we are not treated fairly.

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9 NO UNFAIR DETAINMENT

Nobody has the right to put us in prison without good reason and keep us there, or to send us away from our country.

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10 THE RIGHT TO TRIAL

If we are put on trial this should be in public.
The people who try us should not
let anyone tell them what to do.

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11

WE'RE ALWAYS INNOCENT UNTIL PROVEN GUILTY

Nobody should be blamed for doing something until it is proven. When people say we did a bad thing we have the right to show it is not true.

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12 THE RIGHT TO PRIVACY

Nobody should try to harm our good name.
Nobody has the right to come into our home,
open our letters, or bother us or our family
without a good reason.

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13 FREEDOM TO MOVE

We all have the right to go where we want
in our own country and to travel as we wish.

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THE RIGHT TO SEEK A SAFE PLACE TO LIVE

If we are frightened of being badly treated in our own country, we all have the right to run away to another country to be safe.

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15 **RIGHT TO A
NATIONALITY**

We all have the right to belong to a country.

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16 MARRIAGE AND FAMILY

Every grown-up has the right to marry and have a family if they want to. Men and women have the same rights when they are married, and when they are separated.

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17 THE RIGHT TO YOUR OWN THINGS

Everyone has the right to own things or share them. Nobody should take our things from us without a good reason.

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18 FREEDOM OF THOUGHT

We all have the right to believe in what we want to believe, to have a religion, or to change it if we want.

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19 FREEDOM OF EXPRESSION

We all have the right to make up our own minds, to think what we like, to say what we think, and to share our ideas with other people.

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THE RIGHT TO PUBLIC ASSEMBLY

We all have the right to meet our friends and to work together in peace to defend our rights. Nobody can make us join a group if we don't want to.

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21 THE RIGHT TO DEMOCRACY

We all have the right to take part in the government of our country. Every grown-up should be allowed to choose their own leaders.

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22 SOCIAL SECURITY

We all have the right to affordable housing, medicine, education, and childcare, enough money to live on and medical help if we are ill or old.

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WORKERS RIGHTS

Every grown-up has the right to do a job, to a fair wage for their work, and to join a trade union.

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24 THE RIGHT
TO PLAY

We all have the right to work and rest.

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FOOD AND SHELTER FOR ALL

We all have the right to a good life.
Mothers and children, people who are old,
unemployed or disabled, and all people
have the right to be cared for.

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THE RIGHT TO EDUCATION

Education is a right. Primary school should be free. We should learn about the United Nations and how to get on with others. Our parents can choose what we learn.

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27 COPYRIGHT

Copyright is a special law that protects one's own artistic creations and writings; others cannot make copies without permission. We all have the right to our own way of life and to enjoy the good things that art, science and learning bring.

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28 FAIR AND FREE WORLD

There must be proper order so we can all enjoy rights and freedoms in our own country and all over the world.

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RESPONSIBILITY

We have a duty to other people,
and we should protect their rights and
freedoms.

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**NO ONE CAN
TAKE AWAY YOUR
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